## 8<sup>th</sup> KYU – Orange Belt

#### Time and Events Requirements

Minimum 3 months and 20 hours of training

#### Ki Tests and Exercises

- Seiza
- Hanmi no Kamae
- Orenai te
- Koho Tento Undo
- Shomen'uchi

## 7.5 KYU - Orange Belt with one stripe

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 8th Kyu

#### Ki Tests and Exercises

- Shizentai
- Agura no Shisei
- Funakogi Undo
- Munetsuki

## 7<sup>th</sup> KYU - Orange belt with two stripes

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 7.5 Kyu

#### Ki Tests and Exercises

- Shomen'uchi Ikkyo Undo
- Zengo Undo
- Mae Ukemi, Rolling
- Yokomen'uchi

## 6.5 KYU - Blue Belt

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 7th Kyu

## Ki Tests and Exercises

- Happo Undo
- Banzai no Kamae
- Ushiro Ukemi, Rolling

## <u>Technique</u>

- Yokomen'uchi Kokyunage
- Katatedori Kaitennage
- Ushiro ryokatadori Kokyunage

## 6<sup>th</sup> KYU – Blue belt with one stripe

<u>Time and Events Requirements</u> Minimum 3 months and 20 hours after earning 6.5 Kyu

#### Ki Tests and Exercises

- Tekubi Kosa Undo
- Sayu Undo
- Sayu Choyaku Undo
- Udefuri Undo
- Udefuri Choyaku Undo

#### <u>Technique</u>

- Yokomen'uchi Shihonage
- Ushiro tekubidori Kokyunage
- Shomen'uchi Ikkyo

# Katate kosadori Kotegaeshi

**Technique** 

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**Technique** 

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Katadori Ikkyo

Katate kosadori Kokyunage

Shomen'uchi Kokyunage

Katatedori Shihonage

Katatedori Nikyo

## **Technique**

- Shomen'uchi Kotegaeshi
- Shomen'uchi Iriminage
- Katatedori Sankyo
- Munetsuki Kotegaeshi

## 5.5 KYU - Blue belt with two stripes

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 6th Kyu

#### Ki Tests and Exercises

- Ushiro sori
- Mae kagami
- Ushirodori Undo
- Ushiro tekubidori Undo

## 5th KYU - Blue belt with three stripes

<u>Time and Events Requirements</u> Minimum 3 months and 20 hours after earning 5.5 Kyu

#### Ki Tests and Exercises

- Tenkan Undo
- Shikko
- Yoko Ukemi (full breakfall)

## <u>Technique</u>

- Ushiro tekubidori Kotegaeshi
- Katadori Yonkyo
- Ryotedori Tenchinage

#### <u>Technique</u>

- Ryotedori Kokyunage
- Ushiro hijidori Kotegaeshi
- Munetsuki Kokyunage
- Suwari waza:
- Shomen'uchi Ikkyo

## 4.5 KYU - Purple belt

<u>Time and Events Requirements</u> Minimum 3 months and 20 hours after earning 5th Kyu

#### Ki Tests and Exercises

- Kataashi age
- Kamae with Bokken

#### **Technique**

- Katatedori Kokyunage
- Ushirodori Kokyunage
- Ryotedori Kaitennage

## 4<sup>th</sup> KYU – Purple belt with one stripe

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 4.5 Kyu

#### Ki Tests and Exercises

- Agaranai Karada
- Bokken Suburi

#### **Technique**

- Katate ryotedori Nikyo
- Suwari waza:
  - Shomen'uchi Kokyunage
  - Katadori Nikyo

#### 3.5 KYU - Purple belt with two stripes

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 4th Kyu

#### Ki Tests and Exercises

• Jo Suburi

#### **Technique**

- Ryokatadori Kokyunage
- Katatedori Sumiotoshi
- Katate ryotedori Kokyunage

# AIKIDO WORLD ALLIANCE CHILDREN KYU TEST REQUIREMENTS

## 3<sup>rd</sup> KYU – Purple belt with three stripes

#### Time and Events Requirements

Minimum 4 months and 30 hours after earning 3.5 Kyu

#### Ki Tests and Exercises

- Kokyu ho
- Meiso ho

#### **Technique**

- Ryokatadori Kotegaeshi
- Ryokatadori Ikkyo
- Hanmi handachi Waza:
- Katatedori Shihonage
- Katatedori Sankyo

## 2.5 KYU - Brown belt

#### Time and Events Requirements

Minimum 4 months and 30 hours after earning 3rd Kyu

#### Ki Tests and Exercises

• Questions about Four Basic Principles of Aikido

#### <u>Technique</u>

- Ushiro tekubidori Jyujinage
- Ushiro katatedori kubishime Kokyunage
- Ryotedori Koshinage
- Hanmi Handachi Waza:
- Munetsuki Kotegaeshi

## 2<sup>nd</sup> KYU – Brown belt with one stripe

#### Time and Events Requirements

Minimum 4 months and 40 hours after earning 2.5 Kyu

#### Ki Tests and Exercises

• Walking with mind and body unified

#### **Technique**

- Yokomen'uchi Sudori
- Ushiro tekubidori Shihonage
- Katate ryotedori Kotegaeshi
- Jiyu waza: Grasping attacks

#### 1.5 KYU - Brown belt with two stripes

#### Time and Events Requirements

Minimum 6 months and 60 hours after earning 2nd Kyu

## Ki Tests and Exercises

- Bokken Kata I
  - (Happo Giri)

#### **Technique**

- Munetsuki Kaitennage
- Yokomen'uchi Sokumen Iriminage
- Hanmi handachi: Jiyu waza
- Randori (2 attackers)

## 1<sup>st</sup> **KYU –** Brown belt with three stripes

# Time and Events Requirements

Minimum 9 months and 80 hours after earning 1.5 Kyu

#### Ki Tests and Exercises

- Jo Kata I
- (22 movement)

#### <u>Technique</u>

- Ushiro tekubidori Koshinage
- Ushiro waza Free Technique
- Tanto dori
- Randori (3 attackers)